

## Notes from Open Space Topic Convenors

What was your topic or question?

**I would like to learn from others with an integrative program in place what has worked and what hasn't worked.**

What were major discussion points?

1. Find out what is already going on in your hospital, bring together the strengths of what is already in practice.
2. Perhaps the title of the Integrative Medicine program is a marketing tool.
3. Find out what the attitude in the hospital is regarding body/mind/spirit medicine.
4. You need to understand the definition: what does it mean?
5. Perhaps try to work yourself out of a title; have all employees/volunteers be an equal part of the healing team.
6. Educate, educate, educate....starting with the medical staff and medical schools.
7. Be committed as a total group in the hospital.
8. Remember that patients are consumers and are becoming more and more educated.
9. Feel good about empowering patients to become active in their health care decisions—it is absolutely necessary.

What did you learn? These suggested resources of working programs for future contact:

1. Swedish/American Center for Complementary Health Care, Rockford, Illinois
2. Midwestern Regional Medical Center, Zion, Illinois (Cancer Center)
3. Dean Ornish Program
4. CHIP Program, Hans Diehl, California
5. Longmont United Hospital, Colorado (Michelle Bowman, RN)
6. Aspen Valley Hospital, Colorado,( Mary Margaret O'Gara)
7. Queens Hospital, Honolulu

Whom should we contact for more information?

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