

Notes from Open Space Topic Convenors

What was your topic or practice?

Heart Link: a nonverbal experiential connection with self and other.

What were major discussion points?

- How we might be open to self and others in a compassionate way and find deeper connections.
- We all have great potential for compassionate heart centered communication as long as we are open to it.

What did you learn?

- Of the nine people who were willing to participate, all were able to intuit some details about a complete stranger's feelings and aspects of the others reality.
- When we are open to unconventional ways of communicating from the heart, we can build new ways of understanding one another.

Whom should we contact for more information?

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Who helped create this new practice?

Unknown.