

## Notes from Open Space Topic Convenors

What was your topic or practice?

### Forming a Healing Group

What were major discussion points?

We discussed how a healing circle can work: Each person speaks, listens to a healing meditation, listens to a reading, listens to music, laying on of hands in blessing, end with a prayer. Physicians and any caregiver can enrich their practices by forming a healing group.

Important Spiritual Points:

- Handle beginnings and endings firmly;
- Blessings should be given freely;
- The receiver should awarely receive the blessing;
- Disconnect when finished giving blessing;
- It's important to give blessings with humility;
- This is a powerful procedure—we can handle power; don't force anyone to do any of the procedures.

What did you learn?

Everybody needs healing,  
Story telling is useful,  
Need to acknowledge loss,  
There is no fixed method to run a healing group.

A Prayer: God of all the nations, we pray for the conversion of humankind hearts and minds, from war-like ways to peaceful co-existence, from hate and suspicion to love and mutual respect, from greed and selfishness to recognition that we are all in partnership on this planet. Bind up and heal the wounds we have inflicted on each other. Forgive us and enable us to forgive each other. Lead us to peace.

Whom should we contact for more information?

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Who helped create this new practice?

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