

## Notes from Open Space Topic Convenors

What was your topic or practice?

**How to promote better education to children related to hygiene, self-esteem, and sex education.**

What were major discussion points?

1. How and where children are educated.
2. Who are good resources for education?
3. Who are contact sources that can be a point of contact for children and their families?
4. How stigmas can affect the youngest people.

What did you learn?

1. How to foster teaching that makes an impact (by teaching both the child and the parent.
2. Listen to my heart and continue to be persistent.
3. Another very important stigma for children is obesity and how that affects their self-esteem.
4. Education for children helps when there is follow-up. Don't expect a piece of paper to have them fully understand the impact of the choices that they choose. Go back and ask questions. Let them know that someone cares.
5. Education can start at any age and consistency is very important.

Whom should we contact for more information?

Name: Kathleen Medina, RN  
Telephone: 541/312-8060  
Address: 19060 Pumice Butte Road  
Bend, OR 97702  
Email: KathMed@hotmail.com

Who helped create this new practice?

Michelle Tepasette, Becky Moore, Carolyn Creedican.